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# Ketogenic Ice Cream: Over 50 Homemade Ice Cream Recipes



## Synopsis

Ketogenic Ice Cream cookbook is an assortment of mouth watering low carb, high fat, and sugar free ketogenic ice-cream recipes! They are cheap, quick and easy to create. You can make these home-made recipes with or without an ice-cream maker, and you can tailor them to suit your taste buds. If you don't like an ingredient, you can substitute it for something else of your preference. I hope that you have equally as much fun making these delights as you do eating them! Welcome to club low carbohydrate home-made ice-cream!!!!

## Book Information

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## Customer Reviews

Many of the recipe instructions say to add egg yolks. However, egg yolks are not in the list of ingredients for the recipes.

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